



# TRAUMA - FIRST WORKSHOP

FOR NURSES AND PARAMEDICS

As part of  
**EM KERALA -2026**  
with CNE CREDIT HOURS



**EMKERALA 2026**  
UNITED FOR EMERGENCY MEDICINE  
Annual State Conference of  
Emergency Medicine Association,  
Kerala Chapter



24/04/2026



**Medical Trust College  
of Nursing, Irimpanam**



8.30AM

Organized by:

**Dept Of Emergency Medicine And Trauma Care, Medical Trust Hospital, Kochi**  
*In Association With Nursing Department, Medical Trust Hospital, Kochi*



*Excellence in health care*

# MEDICAL TRUST HOSPITAL



# KEY LEARNING MODULES

## INITIAL ASSESSMENT OF POLYTRAUMA

### Primary Survey Focus

**Dr. HARIKUMAR**

Chief Medical Officer - Medical Trust Hospital

### Cervical Spine Protection

**Mrs. ARSHA SUKUMARAN**

Nursing Educator - Medical Trust Hospital

### Airway Assessment & Management

**Dr. VINODAN K.** MBBS, MD, DA

Consultant, Critical Care & Anaesthesiologist -  
Medical Trust Hospital

### Breathing & Ventilation

**DR PARVATHY** MBBS, DNB EM

Junior Consultant - Medical Trust Hospital

### Hands-on Skill Stations

- Endotracheal Intubation
- Cricothyroidotomy
- Chest Tube Insertion
- E-FAST & RUSH Protocols

## STOP THE BLEEDING - Core Concepts

### Methods of Haemostasis

**Dr. ATHISH K** MBBS, MS, MCH

Trauma Surgery - Consultant -  
Medical Trust Hospital

### Massive Transfusion Protocol (MTP)

**Dr. ATHISH K** MBBS, MS, MCH

Trauma Surgery - Consultant -  
Medical Trust Hospital

### Damage Control Resuscitation

**DR IRINE** MBBS, DNB EM

Senior Resident - Medical Trust Hospital

### Practical Skill Stations

- Tourniquet Application  
(Types & Techniques)
- Pelvic Stabilization
- Advanced Bleeding  
Control Methods

## TRANSPORT OF POLYTRAUMA PATIENTS

### Pre-hospital & Inter-facility Transport

**Mr. ABEL DCOUTH**

RN - MTH

### Immobilization & Monitoring EMT -MTH

**Mrs. SUJA THOMAS**

Asst Professor- MTCO

### Team Communication & safety

**Mrs. ASHWATHY T N**

Nursing Educator - Medical Trust Hospital

## DISASTER MANAGEMENT

### Disaster Triage Protocols

**Dr. JIDHIN JANARDHANAN** MBBS,DNB,MRCEM

Consultant - Medical Trust Hospital

### Incident Command System

**Dr ACHU VARGHESE**

Senior Resident Emergency medicine -  
Medical Trust Hospital

### Hospital Disaster Preparedness

**Mr. MUNEEER PA**

RNRM-ED Co Ordinator  
Medical Trust Hospital, Kochi

### Practical Skill Stations

**Mock Disaster Drill**

#### HIGHLIGHTS

- High-fidelity hands-on training
- Small group skill stations
- Evidence-based trauma protocols
- Ideal for Emergency Medicine

### Patrons

**Dr. P V Louis**, Managing Director, Medical Trust Hospital  
**Dr. P V Thomas**, Medical and Commercial Director, Medical Trust Hospital  
**Mr. P V Xavier**, Finance Director, Medical Trust Hospital

### Program Coordinators

**Dr. Jidhin Janardhanan**,  
Consultant And Head Dept Of Emergency Medicine & Trauma Care, Medical Trust Hospital  
**Dr. Athish K**  
Consultant, Trauma Surgery, Medical Trust Hospital  
**Mrs. Anamma Wilson**  
Nursing Superitendent, Medical Trust Hospital  
**Mrs. Varsha P J**  
Deputy Nursing Superitendent, Medical Trust Hospital  
**Mrs. Anila Francis**  
Chief Materials Controller, Medical Trust Hospital  
**Mr. Muneer P A**  
RN And Ed Co Ordinator, Medical Trust Hospital

### Registration Details: Registration Fee

<b>For Student:</b>	<b>Rs. 500/-</b>
<b>For Staff:</b>	<b>Rs.600/-</b>
<b>Spot Registration:</b>	<b>Rs. 700/-</b>

Last date of Registration: 20th April 2026

### Address for Communication

1. Dr Jidhin Janardhanan - 9544544618
2. Dr Achu Varghese - 82812 82878
3. Muneer PA - 96332 71597
4. Varsha PJ - 82899 04373

Scan to register



Scan for Location



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